

USE THIS SHEET TO LIST OUT THE GOALS AND DESIRES
FOR YOUR NEXT LEVEL SELF.

WEALTH & FINANCES

FAME & REPUTATION

LOVE & MARRIAGE

FAMILY & HEALTH

OVERALL WELLBEING

CREATIVITY & CHILDREN

KNOWLEDGE & SKILLS

CAREER & LIFE PURPOSE

HELPFUL FRIENDS &
TRAVEL

EXAMPLES:

WEALTH & FINANCES

Images and words that represent the money you desire

This may include:

- Your dream wardrobe
- Your dream home
- A certain dollar amount in savings
- Your dream car

FAME & REPUTATION

Images and words that represent how people perceive you.

This may include:

- A specific social media following
- A magazine you want to be featured in
- Your personal brand and public persona

LOVE & MARRIAGE

Images and words that represent your desired romantic relationship.

This may include:

- The qualities of your desired partner
- Better communication
- Your dream wedding or an engagement
- Being spoiled with flowers and fancy dinners

FAMILY & HEALTH

Images and words that represent the family you want to create and/or the health you desire

This may include:

- Eating healthy and exercising
- Your goal body
- What you want your family to look like
- Activities you do with your family

OVERALL WELLBEING

Images and words that represent you and your ideal life

This may include:

- The way you want to feel
- Any physical changes you would like to make

CREATIVITY & CHILDREN

Images and words that represent the things in your life that spark creativity.

This may include:

- Things you would like to do to connect with your children
- Things that bring out your inner child such as dancing, painting, etc.
- Creative things you want to pursue

KNOWLEDGE & SKILLS

Images and words that represent your personal development.

This may include:

- Quotes that inspire you
- A teacher you would like to work with
- Improving your spirituality
- A class or retreat you would like to attend

CAREER & LIFE PURPOSE

Images and words that represent your work life and career.

This may include:

- Your dream career
- Clients you would like to attract
- A goal you would like to reach
- Your life purpose

HELPFUL FRIENDS & TRAVEL

Images and words that represent your network and connections.

This may include:

- Organizations you would like to join
- Friends you would like to make
- Activities you would do with those friends
- Places you would like to travel

The Bagua Map

Use the Bagua map so that "north" is the entrance to a room. When applying the Bagua to your vision board for optimum manifestation, "north" is the bottom of your board.



Every space is broken up into 8 energetic areas to represent a different area of your life. When all 8 areas are receiving equal attention and are balanced, you will achieve overall alignment and happiness in your life.

This is represented in the center of the Bagua.

